

Trippin'

*An original guide where travel meets fashion
by Cesar Casier*

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Writing a travel guide is something I have always wanted to do in my life. At age 19, I started travelling the world for my modelling career.

I have been to places such as Seoul, Beijing, Shanghai, Sydney, Melbourne, St Petersburg, Copenhagen, Vienna, Cape Town, Osaka, Los Angeles, Dallas, New York, Miami, Montreal... to name but a few.

When I'm travelling
for work, I try and see as much as possible.
Even if I'm only there for 24 hours,
I still try and discover the city,
to find a nice local restaurant or to do some shopping.
I never stay in my hotel, watch TV
and order room service, let that be clear.

Every time my friends or family
members travel to a place they don't know,
they ask me about my favourite spots.
So I thought... why not write a book
with all my favourite destinations and
places in it?

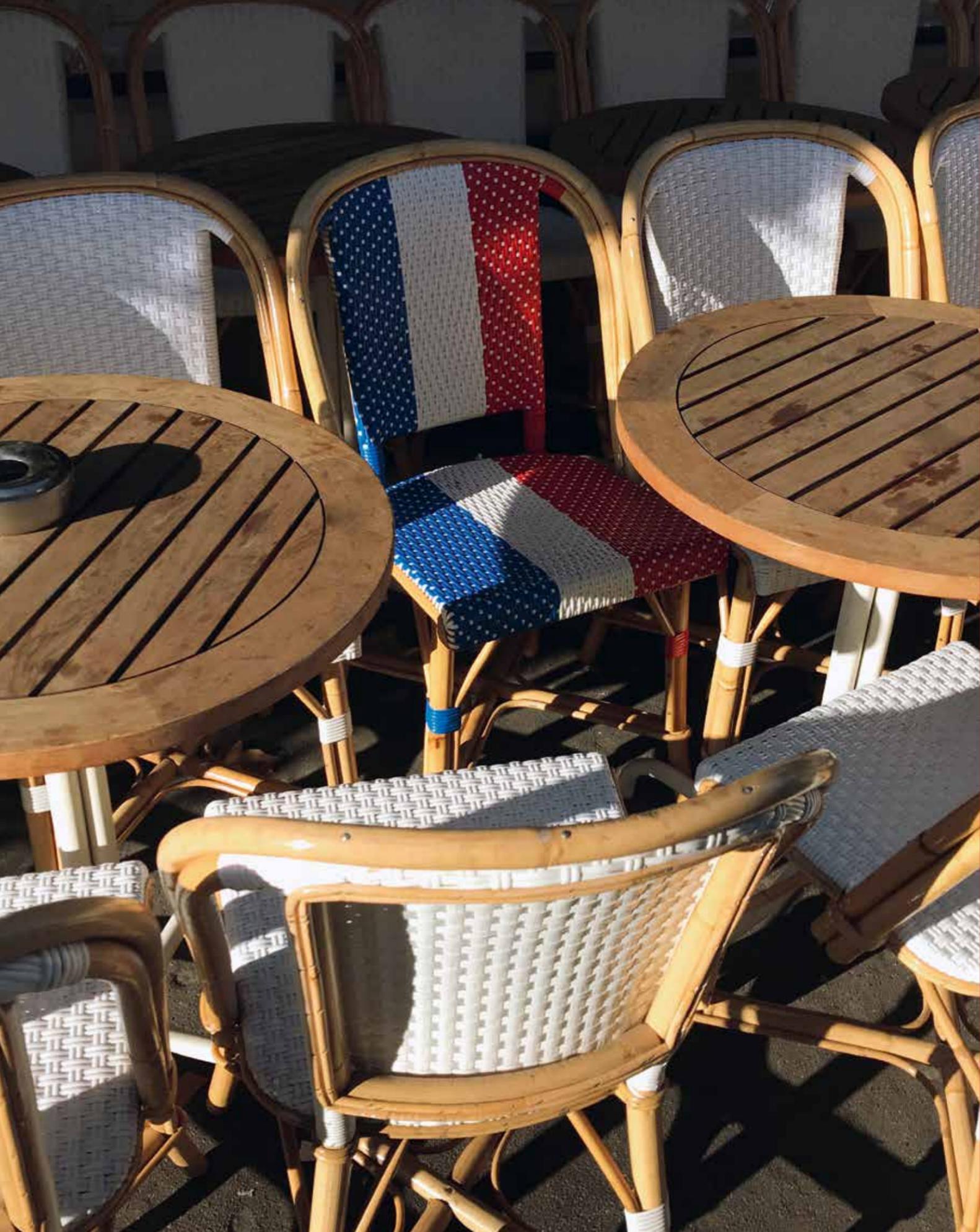
Some of you may have been to many
of the cities in this book and may probably not
agree with my travel tips, and I probably
don't know them all...

Trippin' is a travel guide with my favourite things to do or see. Things I like to do when I'm in a new place or things I like to discover when travelling. From that cute little flower shop in Paris to that crazy restaurant in Tokyo, from the best art gallery in Chelsea to the hottest beach of Ibiza.

You might hate some, you might love some, but one thing is sure... this is not an ordinary travel guide. This is 100% Cesar and 100% made by me! 'Trippin' doesn't cover everything.

This is a list of places that have personal significance. All in all, these are the ones that are special to me. I hope you will enjoy this trip and that you will discover new and amazing places you didn't know before and that will make your next journey even more extraordinary and unforgettable.

Because, well, isn't travelling just the best thing in the world?



PARIS



Aaah Paris! You know what the nicest thing about Paris is? It changes you as a person.

Ihate it when people are late, but when I'm in Paris, sitting on a cute little terrace with a coffee and watching this beautiful, elegant city living, I don't give a damn. I enjoy what I see, je m'en fous and instantly I am happy.



Sleep



▲ Hôtel Particulier Montmartre

When it is sunny, hurry to this hotel and have a brunch. You won't regret it! This hotel, a former residence of the Hermes family, has an A-list clientele like Brad Pitt and Angelina Jolie. Robert Downey Jr. is known to spend the night when visiting the City of Lights.

► Hotel Henriette Paris

Each room in this small hotel is different, everywhere you'll find that mix of old and new. I think this is the perfect hotel to unwind after a day in the big city.





^ **Hotel Amour**, my favourite place to stay for one or two nights. There's always a fun crowd at this hotel. The restaurant is also a great place for dinner and I love the carpet! If Hotel Amour is fully booked, check out Hotel Grand Amour, same owners, also a great place to stay.

SLEEP



^ **Hotel National Des Arts Et Metiers Paris**

A thing I love about this hotel (besides its great atmosphere and architecture) is the rooftop terrace. Especially in summer it's great to enjoy this beautiful view with a glass of rosé. This hotel has 65 rooms located around a courtyard

and the rooms have a nice minimalistic vibe. The location is great and the subway is just around the corner. Also the restaurant and bar are a must when you're not staying in the hotel. Go check this out.

Food & Drinks



Giraffe

Giraffe is one of the most beautiful restaurants I've ever been to in my life. The view, the crowd, the food, the vibe... Everything is just perfect. A must-do when in Paris!



- My number one Moroccan restaurant is **Chez Omar**. Not fancy, no reservation possible... You just have to show up, wait in line and enjoy one of the best couscous you'll ever eat.

- **Café Kitsuné**. The perfect coffee in Paris. I love to have it and walk around Palais Royal. Their pastries are also incredible.

- **Caves Legrand** is a great and beautiful classic wine bar. Order a nice cheese plate and enjoy some of the best French wines you'll ever taste. The staff helps you to choose the best wine.

- This brasserie is a winner! **Astair** serves great traditional French dishes with a modern twist and has an extensive wine list.

- **Le Voltaire** is a Paris classic, great French cuisine in a very chic and classy décor.

- **Claus** is one of my favourite breakfast spots in Paris. All ingredients are organic and made with love.



◀ **Café de Flore.** Located in the heart of Saint-Germain, Café de Flore has attracted some of the most well-known intellectuals and celebrities. It is one of the oldest coffee houses in Paris and so amazing. Pure glamour!

▲ **LouLou.** I love coming here for lunch on a sunny summer day.



◀ **Kunitoraya**. The best udon place in Paris (and maybe in the world)! You might have to wait a bit (they don't take reservations) but please do, I promise you won't regret it! Also open on Sundays.



▲ **Balagan**, great for brunch.



▲ **Caffè Stern**, great Italian food in a cosy atmosphere.



▲ If you're into healthy food, **Wild & Moon** is the place to go. Great slow juiced juices and acai bowls are to be found here.

• A classic for me. Since I was a kid I have always gone to **L'Avenue**, I'm obsessed with their mashed potatoes/purée. During fashion week this is a busy place to lunch and to people watch.



▲ **Le Favori**. The best and most original sandwich shop in Paris.



▲ Okay guys, **Boulangerie du Pain et des Idées** is one of the very best in Paris. Please get the croissant or suisse and eat it in the sun at Canal Saint Martin just around the corner.

▼ If you're into seafood **Clamato** is your spot. The restaurant is located in a marvelous street with lots of bars and other great restaurants, but this one and **Septime** (next door and same owners) are by far the best. I had a delicious lunch at the bar and picked a few dishes from the menu to share.





▲ **Double Dragon** is one of the most talked restaurants in Paris at the moment. No reservation possible, so get there early and try the pig ear grilled raviolis. You'll love this place as much as I do!



▲ **L'Écume St Honoré.** A cute little fish shop with a small bar where you can drink a glass of champagne and eat some fresh oysters. Great for a little shopping break.



▲ **Le Café Noir.** A Parisian classic. But before you go you'll have to understand that for Parisians 'a good bar' is one where you cannot move or really hear your friends.

• **Verlet,** I love coming here for an afternoon tea or cake.



▲ I love **Saison** for brunch or breakfast. A cool vibe and the menu is full of healthy dishes: toast with avocado, salads, great coffees, acai bowls... Definitely worth going.

IN THE MOOD FOR FOOD



▲ **Les Iles Grecques.** Greek take-away.



▲ The décor in **Alcazar** is just incredible.



▲ **Ellsworth,** another one I love dearly. Sharing all kinds of food plates is one of my favourite things to do, therefore I love coming here. Everything is so fresh and delicious. They even make their own bread, yoghurt and ricotta.



▲ **Aux Prés.** By far, the best brunch in Paris.



▲ **Maison Plisse.** On one side, it's an upscale market with fresh fruits and vegetables, high quality cheeses, charcuterie, and deli items, on the other hand, it's a café, serving a small range of dishes made from ingredients sold next door.

• **Pollop.** The menu, restricted to a few starters and main courses, is composed of first quality ingredients very well prepared in a original manner.

• **Nanashi.** The quality of the food and service here is great. Simple, tasty bento boxes and a friendly staff. That's all you really need at the end of the day.

• **Café Charlot.** Formerly a bakery, the Café Charlot was converted into a typically Parisian bistro. Situated in the Marais, it benefits from an ideal location. The menu is classic and the cocktails are delicious. *Tip: arrive early to get a seat on the terrace!*



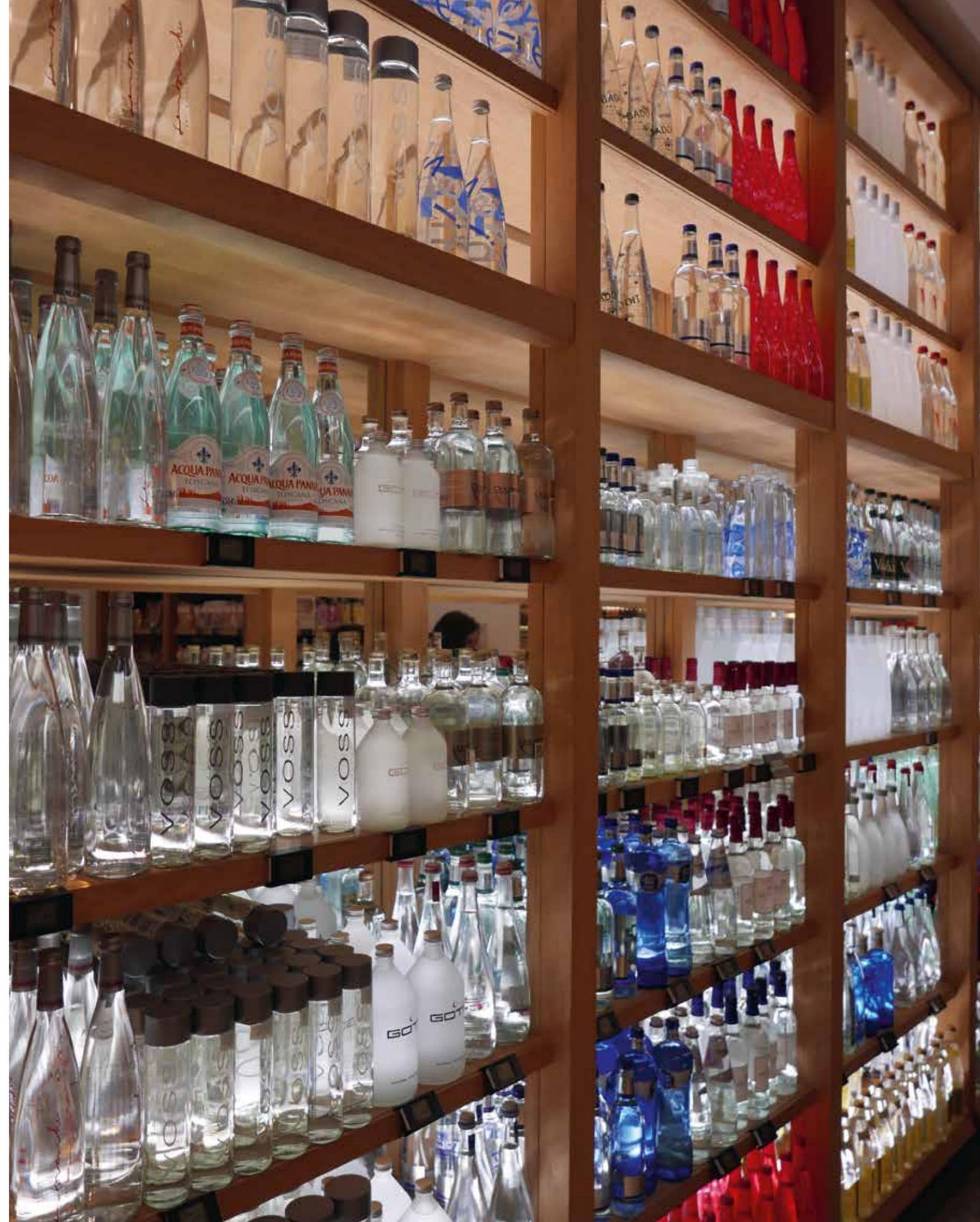
▲ **Café La Palette** is a fun café with always tons of people outside. I always come here with my best friend, Marthe De Buck, who lives just around the corner.

Shopping



▲ **Buly**, I just love this store! Everything is so pretty and perfectly displayed. It's like entering a store when Marie Antoinette was still alive. Buly has the best hand cream you'll ever try. This store is perfect for buying gifts.

► **Le Bon Marché** is by far my favourite department store in Paris. Not only the selection of clothing is incredible, don't forget to have a look at the food hall.





▲ **Deyrolle** opened in 1831. This store is like a mini stuffed animal museum, it's that impressive. You can find so many animals from a small butterfly to a big lion or a giraffe. Worth a visit, especially if you have young kids, they will love it.

▲ **Meert** is famous for their 'gaufres' filled with vanilla or any other flavour. A perfect snack after a day walking around or doing museums. So chic and delicious!



▲ **Nose** is one of my favourite perfume stores in Paris, they have such a unique and fun collection.



▲ **Natcho** is such a cute flower shop. Eric Chauvin has also a great flower shop. He works for the biggest fashion houses.



▲ **OFR bookshop** is my favourite bookshop in Paris. A mix of magazines, art, fashion and even antique books are on sale here, mostly in English.



▲ **L'Eclaireur** was chosen as the best concept store in the world by WeAr magazine in 2009, you have to stop and shop!

• **Merci**, cool concept store.

• Just around the corner of Merci, is **Acne Studios**, one of my favourite brands.

• **Citadium**, all the good (surf, street, board) brands are grouped here. The centre for streetwear!

• **Pretty box**. I love this vintage store!



To do's



▲ **Cinema Saint André des Arts.** This is one of my favourite French cinemas. It only has three screens and they show a mix of new and old movies.

- **Le Musée Picasso** is a must when visiting Paris. The museum is the perfect size (not too big, not too small) and has the best Picasso pieces.

- If you're a fashion lover, **Museum YSL** is great. I like it because it's small and you can combine it perfectly with your shopping spree in Avenue Montaigne.

- Art galleries in Le Marais are fun to do on weekends! My favourites are: **Almine Rech Gallery**, **Perrotin Gallery**, **Marian Goodman**. Another great gallery is **Gallery Pixi**.

- **Rue de Bretagne.** I just love walking around in this street. So many great food places and shops!

- My friends and I did a baking class at **La Cuisine**, located in the heart of Paris and we absolutely loved it. It's a three-hour cooking class where you get to learn how to make the most delicious croissant you'll ever taste. The perfect experience for your Paris visit.

- **Le Marché aux Puces de Saint-Ouen** at Porte de Clignancourt: if you don't have a hangover and find the courage to wake up early on a Sunday morning, go to the flea market and discover the best vintage furniture you'll ever find. It has a diverse selection from professional antiques sellers as well as people trying to get rid of their old furniture. Sometimes a bit overpriced and bargaining is not always easy at this flea market, but just enjoy it and have a fun morning browsing around. *Tip: If this one is too big and too overwhelming for you, I suggest you go to the flea market at Portes de Vanves, much smaller and less crowded.*

- **La piscine Pontoise.** I like to go to this local swimming pool in St Germain. Oh, and before I forget: they also have a sauna. Hurry up and dive in!

- Another pool I love is **Molitor Piscine**. They have a beautiful renovated outdoor swimming pool and during the week you can have a swim and lunch deal. Do your laps for one hour and eat at the restaurant after for a fixed price.

- **Le Tigre Yoga**, cool yoga spot!





TODOS



My favourite clubs in Paris are: **Les Bains, Montana, Castel** and **Manko Club**. They sometimes host parties too. Otherwise, there is **Rosa Bonheur** on the Buttes Chaumont Park, and the boat version, Rosa Bonheur sur Seine in the summertime.

If you want to have a fun night I suggest you go see the best cabaret show at **The Crazy Horse**. The energy these girls have is incredible. Such a fun thing to do with friends!